

WORLD HEALTH DAY- 7TH APRIL'2020

Millions of people across the globe lack access to a decent healthcare facility. Poverty is one of the major causative factors among them. To spread global health awareness, **World Health Organization (WHO)** celebrates 7th April, its foundation day as “**World Health Day**” every year. Over past 50 years, WHO has been relentlessly trying to generate mass awareness regarding various important health issues such as mental health, diabetes, food safety, maternal and child care, blood pressure etc to name a few.

The celebration of this day focuses on conducting various activities worldwide related to its yearly theme with the motto to generate Universal attention among the population as well as policy makers of the country. The greater the awareness, the lesser is the risk of people falling prey to the dreaded disease.

This year's World Health Day's theme is “**Support the Nurses and the Midwives**”. A very apt theme looking at the present pandemic crisis all over the world. A strong country stands on a strong healthcare system which is dependent on experienced doctors, nurses, other health workers, equipments etc. Along with the doctors these nurses are the backbone of any healthcare system. **Florence Nightingale** was the founder of modern nursing and professionalised nursing roles during the Crimean War. She lit the torch of love, care and humanity and became famous as “**The Lady With The Lamp**” among the soldiers.

When the whole world is scared of Corona virus and practicing social distancing, staying at home to protect oneself and family members, these nurses irrespective of their community borders are working nonstop along with doctors and other health workers to protect and heal the victims of Covid-19 worldwide, risking their own lives, sacrificing their personal lives.

Hence- on **7th April, 2020**, World Health Organization has selected the theme “**SUPPORT THE NURSES AND MIDWIVES**” **to salute as well as pay homage to these frontline healthcare warriors** in their relentless fight against the Pandemic- Covid -19.

It's time to acknowledge the role of nurses in this devastating situation not only by the general public, patients but also policy makers because had this workforce not been there, the whole world would have collapsed like a pack of cards. So “**STOP for a minute**” on **7th April, 2020**, to do your part – pay tribute to all the nurses of the world for their contribution towards saving mankind and increasing our faith in compassion and humanity.

My personal request to the policy makers of our country would be- to cover up the shortage of approximately 2 million nurses in India, mass migration of experienced nurses to other developed countries need to be looked upon. Better living standards, better pay packages, better working environment and facilities etc are the major cause behind the drain of this precious asset from our country.

As responsible citizens of the country we need to play our part too !! So please practice social distancing and help the medical workers, by not overloading them with further increase in Covid -19 cases.

Note: On 22nd March ,2020 all the Indians whole heartedly acknowledged the contribution of medical professionals and health workers (as a whole) but on 7th April, 2020, we need to salute these nurses and brothers (male nurse) for their ongoing services towards nation.

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